

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<i>Breakfast</i>	Selection of Cereals, Toast with Preserves, Full English Breakfast	Selection of Cereals, Toast with Preserves, Full English Breakfast	Selection of Cereals, Toast with Preserves, Full English Breakfast	Selection of Cereals, Toast with Preserves, Full English Breakfast	Selection of Cereals, Toast with Preserves, Full English Breakfast	Selection of Cereals, Toast with Preserves, Full English Breakfast	Selection of Cereals, Toast with Preserves, Full English Breakfast
	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
<i>Main course</i>	Lamb and Minted Pear Pie served with a rich Jus	Poached Smoked Haddock in a Lemon and Wine Sauce	Braised Beef Carbonarde with Root Vegetables	Glazed Honey Roasted Gammon served with Pease Pudding	Griddled Chicken Burger in a Sesame Bun with Crisp Lettuce and Caesar Dressing	Home-made Fish Cakes served with Lemon wedge and Tartar Sauce	Roast Lamb served with Redcurrant Jelly and Minted Jus
<i>Vegetarian option</i>	Chunky Vegetable Broth finished with Barley and a warm Crusty Roll	Spinach and Pepper Lasagne served with a Mixed Salad	Mediterranean Vegetable stuffed Jacket Potatoes	Spring Onion, Potato and Cheese Pasties	Sautéed Vegetables with a fresh Basil and Pesto Pasta	Wild Mushroom and Spinach Risotto finished with Crème Fraiche	Ciabatta style Pizzas topped with Roasted Vegetables and Cheese
<i>Potatoes</i>	Creamed Potato New Potatoes	Creamed Potato Jackets	Creamed Potato Braised Potatoes	Creamed Potato Roasted Potatoes	Creamed Potato Jacket Wedges	Creamed Potato Chipped Potatoes	Creamed Potato Roast Potato
<i>Vegetables</i>	Green Beans Glazed Carrots	Buttered Sweetcorn Sautéed Courgettes	Fresh Mixed Roasted Parsnips	Mashed Swede Garden Cabbage	Broccoli Sweetcorn	Mushy Peas Sautéed Tomatoes	Savoy Cabbage Cauliflower Cheese
<i>Dessert</i>	Baked Rice Pudding	Apple Strudel and Custard	Chocolate Puddings with Chocolate Sauce	Crème Brûlée served with a Wild Strawberry Coulis	Black Forest Gateaux	Fresh Fruit Meringues	Fruit Crumble
<i>Supper choice</i>	Scrambled Eggs on Toast	Corn Beef Fritters	Poached Egg and Bacon with Plum Tomato	Cheese on Toast with Tomato and Basil	Home-made Soup and Crusty Roll	Kippers with fresh Lemon wedge	Pasta Bake